

- Before you meet with your group, use this guide to help you reflect on your life with God. Use a journal to help you collect and refine your thoughts.

<p style="text-align: center;">Formation Practices</p> <p style="text-align: center;">Prayer Scripture Reading Silence Feasts & Fasts Contemplation Tithing & Stewardship Serving Others Sabbath</p> <p>Which practices have you been engaging this (week, month)?</p> <p>What have you been praying about recently?</p>	<p style="text-align: center;">Texture of Life in the Spirit</p> <p>What sense do you have of what the Spirit is doing in your life?</p> <p>What are some major themes?</p>
<p style="text-align: center;">Christian Imagination</p> <p>What are you reading?</p> <p>What are you listening to or watching?</p> <p>What are you doing that shapes the way you think about God’s kingdom?</p> <p>What question or topic are you reflecting on most these days?</p>	<p style="text-align: center;">Vocation (our various callings)</p> <p style="text-align: center;">Family Relationships Friendships Work Neighbors</p> <p>What’s going on in each of these areas of your life?</p> <p>Where are you experiencing “consolation,” and where are you experiencing “desolation” in your vocational life?</p>

- As you consider these four quadrants, do you see imbalance in your life anywhere? Share with the group your reflections on how you are doing with respect to each of these four quadrants. Allow others in your group to inquire about your life.
- In your group, ask one another: “Where in your life would you like God’s help right now?” Pray specifically for one another.